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Annual Report

SOURIS VALLEY REGIONAL CARE CENTRE

1986-1987

SOURIS VALLEY REGIONAL CARE CENTRE

Box 2001
Weyburn, Sask.
S4H 2L7

June 1987

Honourable Mr. George McLeod,
Minister of Health,
3475 Albert Street
T.C. Douglas Building
REGINA, Saskatchewan
S4S 6X6

Dear Mr. McLeod:

It is my pleasure to present to you, the Annual Report of the Souris Valley Regional Care Centre.

This report covers the period April 1, 1986 to March 31, 1987.

Respectfully submitted,

Mildred Lang

Mrs. Mildred Lang,
Chairman of the Board,
Souris Valley Regional Care Centre.

Members of the Governing Board 1986-87

Mrs. M. Lang
Chairman
Stoughton

Mrs. B. Nixon
Weyburn

Mr. O. Storlie
Lampman

Mr. J. Pick
Macoun

Picture Missing: Mr. D. Peterson, Vice Chairman, Yellow Grass

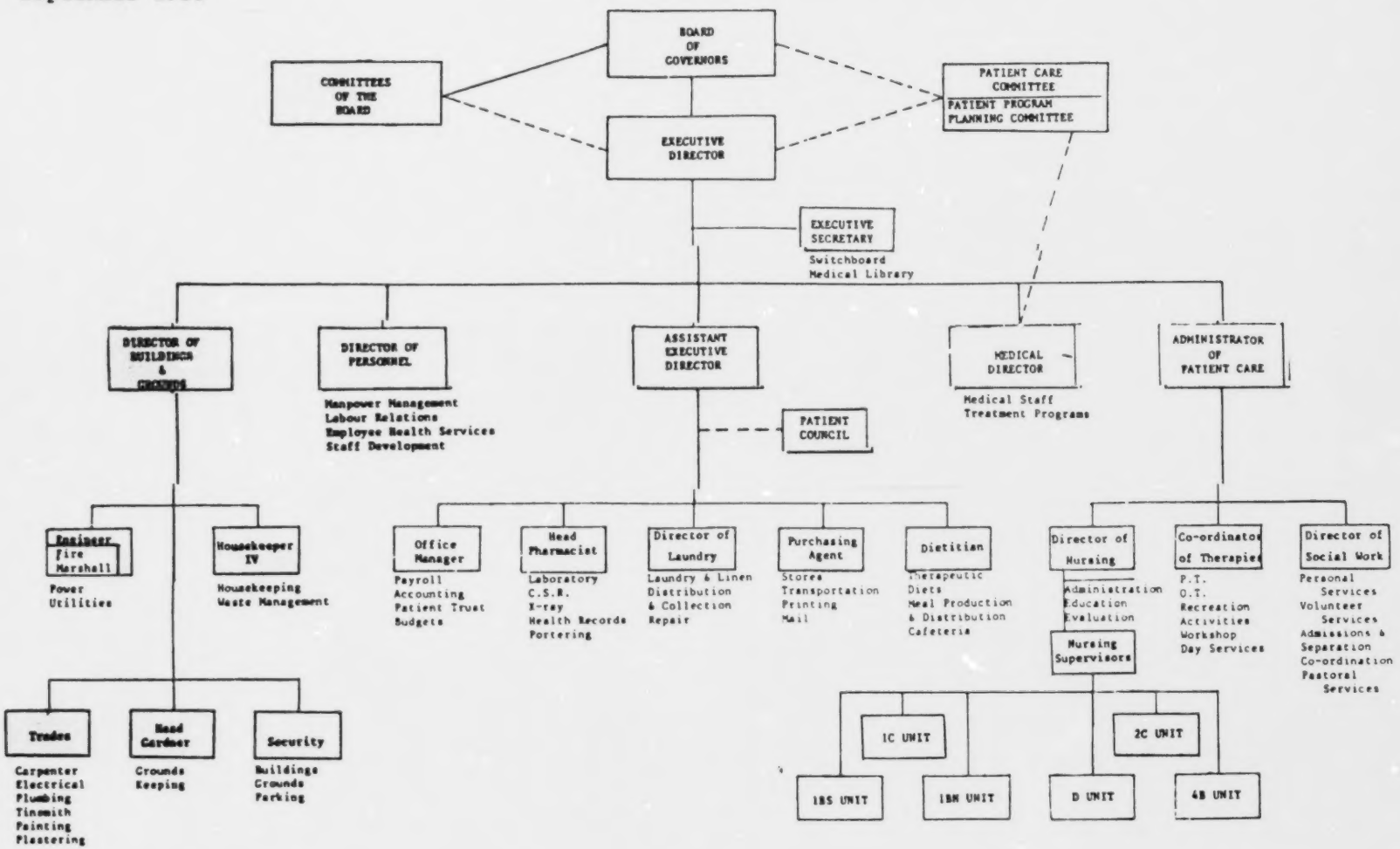
EXECUTIVE COMMITTEE:

Mrs. M. Lang
Mrs. B. Nixon
Mr. J. Pick
Mr. P. Boyle

Mrs. B. Bakken
Weyburn

Mr. P. Boyle
Executive Director

Souris Valley Regional Care Centre
Organization Chart
September 1986



P.G. Boyle — Executive Director

The year 1986 was full of change for the centre. Vice-chairman, Mr. D. Peterson and members Mr. L. Bell and Mr. G. Shepherd, resigned from the Board of Governors. Mrs. B. Nixon was elected vice-chairman. Mr. B.J. McCallion, Executive Director, resigned to become Executive Director of Pasqua Hospital, Regina. Mr. W. Wallin was appointed as Assistant Executive Director and Mr. D. Boyce was appointed as Administrator of Patient Care. As a result of the excellent work done by the Weyburn District Co-ordinating Committee, there has been a marked increase in the demand for day services. A landscape architect was commissioned to design the Therapeutic Park on the Southeast Wing. Resurvey by the Canadian Council on Hospital Accreditation was both instructive and constructive.

The Provincial Fire Marshall conducted a thorough inspection of the total complex in October. It was reassuring to learn that our existing systems were in good condition and recommendations for improvement could easily be implemented.

SOURIS VALLEY REGIONAL CARE CENTRE

Mission Statement 1987

PREAMBLE

Under Section 35.2 of the Housing and Special Care Homes Act, Souris Valley Regional Care Centre, Weyburn, is designated as a 300 bed Level IV care facility to serve the south-eastern part of the Province, an area of 26,000 square kilometers, with 55,000 residents living in small, rural communities and an agriculture based economy.

The Minister of Health has appointed a Board of Governors, composed of community minded citizens, which is entrusted with the legal and moral responsibility of directing the Centre. The Executive Director, who is accountable to the Board, is responsible for the day to day operation.

PHILOSOPHY

The Centre is motivated by the belief that each individual, whatever his or her frailties, has a capacity for continued growth, for an enrichment of living experiences and for personal satisfaction.

To this end, the Centre will strive to provide a support system to allow the individual to live as independently as possible, to accept the rights of the individual to express him or herself, to assist each individual to maintain a sense of dignity and freedom and to make a continuing contribution to one's surroundings.

The Centre's primary objective is to provide in-patient care and treatment for chronically ill adults who do not require acute hospital care and treatment, but do require regular and continuous medical attention, highly skilled nursing care and special techniques for the improvement or maintenance of function. Medical and support services are provided under criteria established and funded by the Department of Health, Continuing Care Division or as determined otherwise by the Board.

SERVICES PROVIDED

The Board has designated seventy-five (75) beds for Level IVA care "for persons with advanced mental deterioration, who require supervisory care"; one hundred and ninety-five (195) beds for Level IVB care "for persons with advanced chronic illness or disabilities who require supportive care on a 24-hour basis"; and thirty (30) beds for Level IVC care "for persons whose general condition is such that they could not withstand an intensive and vigorous rehabilitation program but who can benefit from a slower paced restorative regime designed to improve functional ability".

Medical care will be provided by two staff physicians who are responsible for diagnosis and treatment. Consultative services for psychiatry, podiatry, speech, hearing and dentistry are obtained by referral. With support from the general practitioners of the community, medical staff service shall be organized to ensure 24 hour coverage for emergencies.

The Centre is active in physical rehabilitation, assessment and treatment of geriatric and psycho-geriatric disorders and family counselling. Residents with severe acute illnesses will be referred to the local Weyburn Union Hospital, the base hospitals in Regina or the Weyburn Mental Health Centre. Residents who improve will be discharged home or referred to a facility providing the appropriate lower level of care. Terminally ill residents will be cared for at the Centre unless the family or the Physician request a transfer to another facility.

There is an agreement to accept applications from the Eastern Part of the Wascana Hospital Catchment Area. Applicants referred from outside the catchment area may be accepted on the basis of need to be reunited with their families, provided accommodation is available without unreasonably denying access to designated populations and with the approval of the Board.

In addition to the normal channels of communication to clarify the reciprocity of rights and obligations among the residents, their relatives and the Centre, there is a Resident Council to speak on behalf of residents. Residents and relatives are also encouraged to attend and participate in clinical conferences where individual plans of care are formulated and evaluated on the basis of identified need.

Respite Care service up to thirty (30) days per year is available to care-giving families referred by the District Co-ordinating Committee.

A limited amount of out-patient service in the form of Day Hospital Day Care and Night Care is available on a scheduled basis, five (5) days a week, to clients referred by the District Co-ordinating Committee.

INSTITUTIONAL RELATIONSHIPS

In the belief that the health care needs of the community can be most effectively met by proper assessment and placement of clients and the co-ordinated allocation of resources, the Centre participates in and supports the goals of the Weyburn and District Co-ordinating Committee.

Through the Admissions and Separations Committee, the Centre provides Level IV care assessment service to hospitals in the regions which maintain Level IV beds.

Services obtained on a contract basis are radiology and some laboratory service from the Weyburn Union Hospital.

Services provided on a contract basis are Laundry to the Weyburn Union Hospital and Dietary, Laundry and Housekeeping to the Weyburn Mental Health Centre.

Ambulance services are obtained through the local Ambulance Board, which has arranged for a private operator to provide service to the public.

SERVICES NOT PROVIDED

Specifically excluded from admission to our services are: children; persons with acute illnesses, medical or psychiatric; persons with tendencies to violent or destructive behaviour such as to put residents and staff at risk and any other person for whom service is determined to be more advantageously provided by an established agency with a mandate to provide such service.

COMMUNITY RESOURCES

The Centre has developed an active Volunteer Program which is made up of community people. Volunteers are involved in social, recreational and personal activities for residents.

Weyburn Ministerial Association arranges regular religious services for the residents and is available for individual counselling.

As a responsible corporate body, the Centre is committed to purchasing goods and services from the local community whenever possible and where costs are competitive.

EDUCATION

Orientation and Inservice Education programs are provided within the facility to ensure the competence and proficiency of the staff. Professional and vocational associations, which promote the development and improvement of health-care are supported by the Centre.

The Centre endeavors to provide Health Education to the community and conducts several teaching programs for residents and families.

The Centre is an approved experience area for both Diploma and Psychiatric nursing students from Wascana Institute.

In conjunction with Kelsey Institute, the Special Care Aide Program is carried out in the Centre.

Workshops and seminars on long term care topics are organized and presented by Centre staff for special care home personnel from the region.

RESEARCH

The Centre will conduct research into resident management and program development in a manner which ensures the safety and security of residents.

There is a commitment to keeping up to date with trends within the Health-Care system introducing the use of new knowledge as it is appropriate and financially feasible.

QUALITY ASSURANCE

The Centre believes in evaluating the quality of care and services on an on-going basis to assure residents, staff and the public that a high standard of care is being provided. To this end, a facility-wide Quality Assurance Program has been established.

LONG TERM PLANNING

Long Term Planning is a component of the facility-wide Quality Assurance Program, with goals and objectives being developed and reviewed on a regular basis.

To ensure that its plans for the future are based upon facts about community needs and are compatible with and complimentary to the long range plans of other facilities and agencies, the Centre participates in and supports the goals of the Weyburn and Area Health Services Planning Council.

All services provided by the Centre will be performed in accordance with generally accepted standards as determined by recognized authorities in the medical and long term care field, such as the Canadian Council on Hospital Accreditation.

The quality and volume of service is subject to availability of resources. The Board, after receiving appropriate advice, may set limitations it deems necessary.

Medical Department:

The Medical Department is staffed by two full-time physicians, namely, Dr. Isa Dura Paderanga-Abao and Dr. M.B. Juma; supported by 10 GPs., 3 Psychiatrists, 5 Dentists, 1 Opthalmologist, 1 Radiologist and 1 Podiatrist in Weyburn.

Our Centre completed another accreditation survey in 1986. We were awarded Two Year Accreditation status. One of our surveyors was Dr. R. Bayne, M.D., F.R.C.P., who is a very well known Educator and a renowned geriatrician in Canada.

Our Medical Department made a slide presentation on the topic "Simple Adaptations in Geriatric Care and Rehabilitation", at the 15th Annual Meeting of Canadian Association on Gerontology in Quebec City on April 11, 1987.

Dr. M.B. Juma and Mr. D. Boyce made a presentation on "The Use of Subcutaneous Fluid Drip in Geriatric Care", at the Annual Sask. Gerontology Association Conference in Saskatoon on February 16, 1987.

We are also excited about setting up a Medical Quality Assurance program at our Centre.

Nursing Department:

Nursing staff again had a successful, commendable year, thanks to the dedication of staff who provided "hands on" quality care.

Quality assurance was the Centre's main drive and this department met the challenge and although quality care was provided we now have the mechanism to assure continuance.

Accreditation survey was successful, however, innovative improvements are anticipated in the coming year.

Adoption of Nursing Information Systems and subsequent audit will further enhance the delivery of quality care.

Nursing administration structure was changed from dual responsibility to one Director of Nursing with a Nursing Supervisor working the day shift.

Turnover rate was relatively low, 17% for professional nurses and 28% for nurses aides.

Nursing Inservice Education:

The 1986-87 year was a busy one for the Nursing Inservice Education Department. The NISS program was introduced during eight seminars of 3-4 hours each with a total of 110 staff attending the sessions.

Inservice sessions on maintaining I.V.'s, E.C.G.'s and Lifting and Transferring techniques were offered during several sessions and they were well attended.

There were 60 inservice sessions conducted this year with an average of 11 nursing staff attending each session.

Ninety-six nurses and nurses aides received orientation with an average of 21 hours classroom instruction each.

The Special Care Aide Program is being carried on with an added enrollment of ten nurses aides.

Social Work Department:

During this fiscal year, approximately 90 applications for admission were processed, including Respite and Rural-Hospital applications. This was down approximately ⅓ from last year, presumably due to the Weyburn and District Screening Committee operation, now in place, effectively decreasing the number of inappropriate applications coming here, e.g. applicants actually requiring Levell III care.

Personal Services:

Personal Service Workers purchased 4,145 items for residents, more than double last year's amount, at a total cost of $39,750. This is an increase of nearly ⅓ over last year's expenditures. The Service Workers also took 25 residents downtown on personal trip outings.

The Hairdresser filled 950 appointments, down slightly, but basically steady.

Volunteer Services:

Volunteers donated 6,500 hours to the residents, (105 individuals giving 3,879 hours and 21 groups giving 719.75 hours).

The position of Coordinator of Volunteer Services was divided into two permanent part-time positions in order to better cover the wide range of volunteer services now available. Our new staff member, Mrs. Nancy Pulfer, is in charge of all volunteer entertainment activities.

Chaplaincy Services and Pastoral Care Committee:

Chaplaincy services and Pastoral Care Committee continued to expand and improve the milieu for the spiritual life of residents.

Health Care Statistics

	1986-87	1985-86	1984-85
Admissions:			
New Admissions	47	56	72
Readmissions	8	11	10
Total Admissions	55	67	82
Separations:			
Discharges	19	22	21
Deaths	33	34	48
Total Separations	52	56	69
Patients on Register April 1st	298	297	299
Total Admissions	55	67	82
	353	364	381
Total Separations	52	56	69
	301	308	312
Patients Discharged to Active Treatment Hospitals	47	79	104
	254	229	208
Patients Readmitted from Active Treatment Hospitals	43	69	89
Patients on Register March 31st	297	298	297
Levels of Care at March 31st: 4A	143	149	142
4B	135	129	131
4C	19	20	24
Total	297	298	297
Waiting List at March 31st	10	23	14
Total Patient Days	108,771	108,949	107,351
Average Daily Census	298.02	298.49	294.13
Average Length of Stay	680	630	567
Total Days of Stay	35,341	35,293	39,140
Occupancy Rate	99%	99%	99%

Therapies Department:

General statistics remained similar to the 1985-86 period, however, the Day Services Program increased by 1,000 hours.

Specifically the following service outputs were registered in 1986-87.

Physical Therapy — 50,235 time units, 234,665 weighted units.

Occupational Therapy — 26,897 time units, 134,485 weighted units.

Activity Therapy — average daily visits — 201, total visits — 63,130.

Recreation Therapy — number of activities — 2,516.
— total attendance — 57,617.

Canteen Services — profit accrued in 1986-87 ; $9,398.09.

Industrial Therapy — productivity in dollars — $5,390.27.
— wages paid to residents — $5,944.00

Materials Management Department:

During the past year the Purchasing, Stores and Transportation Departments have undergone a name change to Materials Management Department. Added to this Department were Central Supply and Portering services.

During the past year, 1,915 purchase orders were processed with a value in excess of 1.5 million dollars. Our involvement in the S.H.A. Group Purchasing Program has increased and we expect to increase the use of the Group in the coming year.

Power Plant Department:

During 1986-87, the Power Plant met its objectives of providing heat, light, water and electrical energy to the Centre complex of Souris Valley Regional Care Centre and all on site agencies which include the Weyburn Mental Health Centre, Community College, South East Regional Library and the Saskatchewan Power Corporation Training Centre.

Power outages during 1986-87 were few with none lasting over a five minute duration. The monitoring of the fire panel is done by the Power Plant personnel for the Centre and only one minor fire was reported.

A general fire drill is held monthly. On September 24, 1986, a fire drill was held and a mock evacuation of 1C South was ordered with good results reported.

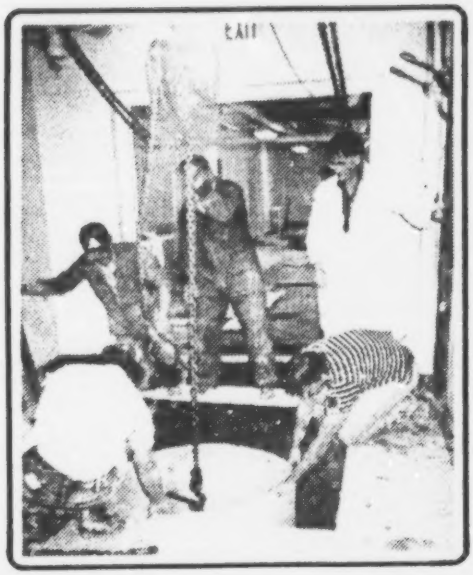
Housekeeping Department:

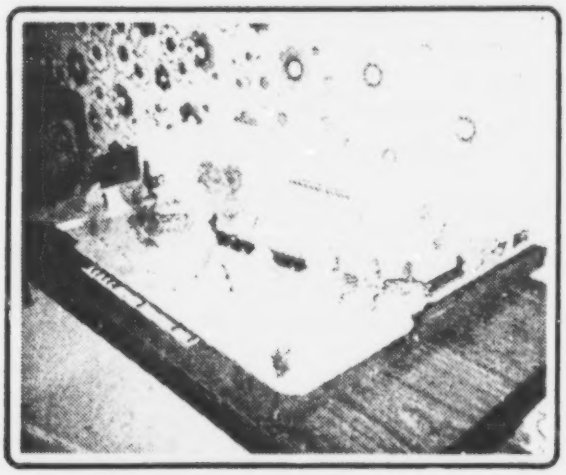
The Housekeeping Department provides cleaning and sanitation services to Souris Valley Regional Care Centre, Weyburn Mental Health Centre, Wascana Institute of Applied Arts and Sciences and Southeast Community College. The department employs 37.9 full time equivalent staff.

The complex is comprised of a combined floor surface of approximately 398,000 square feet.

The Department is also responsible for the movement of furniture and equipment and the collection and disposal of wastes.

Housekeeping staff attended seminars, education courses and departmental meetings throughout the year.





Buildings and Grounds Department:

During 1986-87, a total of 12 capital projects were completed by the maintenance division of the Department of Buildings and Grounds. In addition to the capital projects, the maintenance department completed a total ot 4,768 repair requisitions.

Among the capital projects, two were of greater significance.

1) Building main sewer replacement — This was a partial sewer replacement which required ingenuity and considerable pre-planning in order to provide uninterrupted temporary sewer service to the Centre while the old sewer lines were being removed and replaced.

2) Pharmacy relocation and expansion of "D" Unit Dining Room — The need for a larger dining area for "D" Unit residents necessitated the removal and relocation of the pharmacy from the "D" Unit area. This was accomplished by renovating an unused area of the old kitchen to provide a new pharmacy. The old pharmacy was then renovated and redecorated to accommodate the dining room expansion.

The 1986-87 year saw a continuation of our efforts to improve the quality of life for the residents of our Centre. From discussions during the year, the concept of a therapeutic park emerged. The park would be a protected, landscaped area containing petting animals, a small pond and homesteading artifacts. Planning with a landscape architect has provided us with a focus for park development for the coming year.

Laundry Department Annual Report:

The Souris Valley Regional Care Centre laundry department supplies and provides linen services for the 300 bed Centre, Weyburn Union Hospital, Weyburn Mental Health Centre, South Saskatchewan Ambulance and Saskatchewan Property Management Corporation.

Tailor and seamstress services are also provided for the alterations and repairs of clothing for the Centre residents.

A total of 1,673,241 pounds of linens were processed in the past year, this being made up by the usage of 822,868 flat sheets, 530,369 hand towels, as well as the private clothing, drapery, uniforms, and protective clothing.

Pharmacy Department:

The Pharmacy Department underwent a number of noteworthy changes in the 1986-87 year. Most significant of which was the complete relocation of Pharmacy to enable the expansion of D Unit dining facilities.

The new location comprises three areas, i.e. storage and marking room, a solution preparation room and a main dispensing area.

Despite a reduction in total area the result has been an efficient, attractive facility which enhances both working conditions and pharmaceutical operations.

The Pharmacy Department continues to administer the Laboratory, X-Ray, and Medical Records Departments.

Dietary Department:

In addition to its primary role of providing meals to residents, staff and students of the Centre, the Weyburn Mental Health Centre and Community College, the Dietary Department also provided food services for unit parties, some Recreation functions, staff retirement functions and other Centre sponsored events involving the community.

Planning and implementing special theme related lunches and smorgasbord suppers for our residents continued to be an enjoyable aspect to our services.

During 1986-87, a total of 326,313 meals were provided to Souris Valley residents, 22,669 meals to Weyburn Mental Health Care residents and 95 meals to those attending Day Hospital.

Personnel Department:

In addition to maintaining recruitment, selection, salary and benefit administration, labour relations was the predominate task this past year with a two year agreement negotiated. The grievance arbitration procedure appeared more prevalent than in the past.

The economic times contributed to an unusual amount of applicants for the various departments with an average of 500 applications held on file. Specialized positions such as physical and occupational therapists remain a source of concern.

Our In-Service Education Department has instituted a "Save Your Back" program to embrace all employees in Body Mechanics and Lifting Methods. Hopefuly this program will reduce the injury ratio.

We now average 490 staff employed at the Centre to occupy the permanent positions categorized as follows:

Department	**Positions**
Nursing	170.75
Buildings and Grounds	22
Therapies	21.5
Social Work	7
Power House	16
Laundry	19.4
Dietary	35.5
Housekeeping	34
C.S.R., Pharmacy, Laboratory	8.75
Administration, Personnel, Finance, Medical, Materials Management, Motor Services	25.5

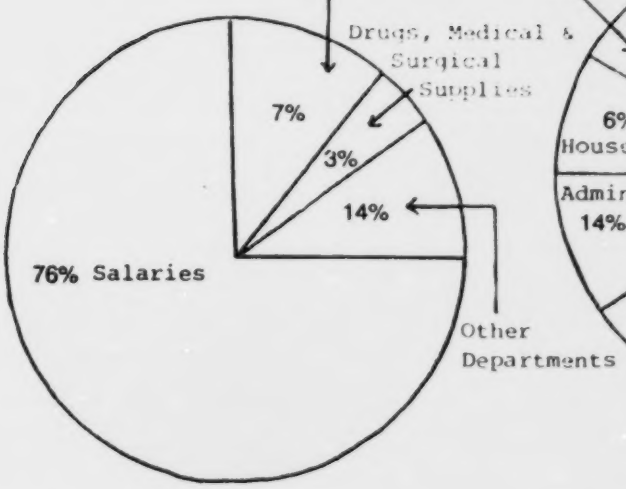
Finance Department:

Due to reorganization within the facility the position of Director of Finance was deleted with the incumbent being promoted to the Assistant Executive Director and the scope of the position increased to include the areas of Finance, Laundry, Dietary, Pharmacy and Materials Management.

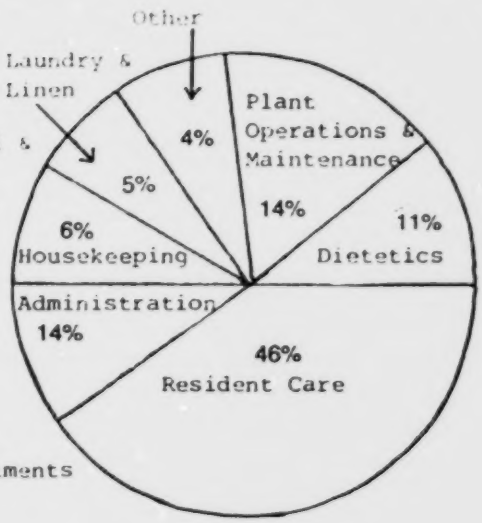
Computerization continues to be an ongoing process with the present system constantly being upgraded and enhanced in order to maintain the constant change in the facility's financial and reporting requirements.

In our fiscal year, April 1, 1986 to March 31, 1987, our approved budget amounted to 13.2 million dollars. The following is a general breakdown of expenditures for the year:

By Expense:



By Department:



Continuous Service Awards

Presenting the long term service awards were Chairman of the Board, Mrs. M. Lang, and the Executive Director, Mr. P. Boyle.

Ten Years

BACK ROW: Betty Nault, Verna Paul, Lois M. Olson, Donald Bayerle.
FRONT ROW: V. June Matters, Shubbeer Lotun, Donna Loos, Lucille Klein, Mary Engebretsen.
MISSING: Patrick Demencuik, Marilyn Stevens.

Fifteen Years
Diane Erickson. Missing: Mabel Robins.

Twenty Years
M. Elaine Burnstead, Celestine Kelly.

Twenty-Five Years
Richard Gutfriend.

Thirty Years
Lynell Husum, John Duxbury, Percy Glass, Norman Heim. Missing: Harold Rodine.

Thirty-Five Years
William Eskdale, Sebastian Heisler, Quinton Patrick.

Forty Years
Henry Hartenberger. Missing: W. Keith Paul.

Extended Care Hospital Service Areas